

# Safety and Survival at Sea

For Competitors in A.Y.F. Cat. 0, 1, 2 and 3 Yacht Races

This course is structured to meet the safety training requirements of "Notices of Race" issued by clubs conducting offshore events. As recommended by Coroner Abernethy, it incorporates part of the nationally accredited course ABF 511 "Occupational Health and Safety at Sea" and is structured to meet the anticipated requirements of Section 6.01 Training of the new AYF Special Regulations (addendum "A"). On successful completion of the course you will be issued with a Certificate valid for three years. This course is mandatory for all skippers in Cat 1 events from 1 July 2001 and 30% of crew increasing to 60% of crew from 1 July 2002.

Gain "hands on" experience in safety, survival and rescue procedures and techniques and in the use of safety equipment including EPIRBs and SARTs, life rafts and life jackets and their associated equipment. The course covers a range of other safety related matters including heavy weather precautions, fire, crew overboard, SAR systems, communications and weather.

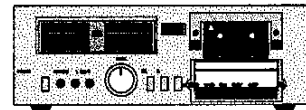
*"The Yachting movement cannot afford another disaster of the magnitude of this one. A least 50% of a competing yacht's crew should have completed a yacht Safety and Survival course every three years".*

*Coroner Abernethy on deaths in the 1998 Sydney Hobart Yacht Race  
John Armstrong  
AMTC*

**COURSE VENUE AND DATES:**

# Marine Radio Operators Certificate of Proficiency

A Marine Radio Operators' Certificate of Proficiency is a prerequisite for all commercial qualifications and recreational qualifications of Yachtmaster and Rescue Boat Endorsement under the AYF scheme. It is also required for all who use marine VHF and MF/HF radios and is strongly recommended for others pursuing recreational maritime activities.



This course aims to provide the knowledge and skills for candidates to achieve the MROCP issued by the Australian Communications Authority. It also seeks to develop confidence and general competence in radio usage. You will get the "Wet Papers".

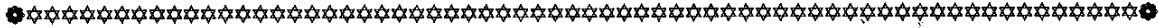
The course is conducted over 14 hours, usually three week day evenings following by the examination which takes approximately an hour.

**Resources:** ACA Handbook  
**Provided:** Wet Papers Study Guide for Radio Operators  
ACA brochures

Candidates will sit for the relevant examination provided by the Australian Communications Authority (ACA) at Cairns Cruising Yacht Squadron. The examination is assessed by the ACA.

**COSTS:**

If you wish to undertake one of the aforementioned courses please complete this sheet and return it to the CCYS office.



I am interested to undertake the following courses:

- Basic Sailing Skills [ ]
- Competent Crew [ ]
- Sailing Trim and Sail performance [ ]
- Racing Rules and Race Management [ ]
- Recreational Ship Master Licence [ ]
- TL3 Power Boating [ ]
- Rescue Boat Endorsement [ ]
- Occupational Health and Safety at Sea [ ]
- Safety and Survival at Sea [ ]
- Marine Radio [ ]
- Introduction to Yacht Sailing [ ]
- Inshore Skipper [ ]
- Yachtmaster Offshore [ ]
- First Aid [ ]
- Diesel Engine Operations and Maintenance [ ]
- Outboard maintenance and operation [ ]

Name: \_\_\_\_\_

Phone: \_\_\_\_\_

Email: \_\_\_\_\_

Fax: \_\_\_\_\_

Preferred Days/Nights and times \_\_\_\_\_

Drop or post into the CCYS Office, Tingira Street, Portsmith Cairns.

